




VITAL  SEEDS

2020 Organic Seed Catalogue



vitalseeds.co.uk



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About this catalogue

We are an online shop, as such this catalogue is for reference only, for more detailed and up to date information, and to place your order please visit our website www.vitalseeds.co.uk.

Organic status

The vast majority of our seeds are certified organic, however there are a few varieties (mainly some tomatoes and lettuces) which were produced on land which was in 'conversion' to organic so can not be officially labelled as 'organic' although there were produced to organic standards, they are clearly labelled as 'ecologically produced' in the catalogue.

Growing your own food is a powerful act of self-reliance in a world where we are encouraged to buy everything we need (and lots that we don't) from external sources. Saving your own seed goes one step further, and part of our mission is to share what we know about saving seeds with others. We believe it is our duty as gardeners and growers to learn about this process, otherwise we leave the control of our precious food system in the hands of others.

You can find useful growing and seed saving resources on our website.

All the best, and happy growing

Fred and Ronja



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VEGETABLES

AUBERGINE



BLACK BEAUTY (ORGANIC)

(AuBB) **£1.95**

Solanum melongena

The classic open-pollinated aubergine, heavy crops of striking black-skinned fruit on vigorous plants. Black Beauty aubergines competes with its hybrid sister varieties. In the right conditions (light, greenhouse/polytunnel) they fruit abundantly and the plants grow tall and strong. The aubergines themselves are all shapes, sizes and shades of purple which prove popular at markets or in the kitchen! They fruit early to mid season with aubergines from July - September. This is our favourite variety to grow, and most importantly the fruit tastes fab! (Average seed count - 18)



ROSA DI BIANCA (ORGANIC)

(AuRB) **£2.15**

Solanum melongena

Pale pink and violet colours with white shading, mild in taste and smooth texture when cooked. The unusual coloration makes this classic Italian heritage aubergine truly special. The subtle sweetness, the absence of bitterness and the creamy consistency brings it close to perfection.

Expect less harvest if growing in cooler climates but it is still worth a try! (Average seed count - 25)

BEETROOT

New for 2020



BOLTARDY (ORGANIC)

(BeBo) **£1.95**

Beta vulgaris

A classic all-purpose beetroot, well suited to early sowings as a result of its excellent resistance to bolting. Boltardy is a winner of the RHS Award of Garden Merit and has a well earned reputation for being a real 'workhorse' variety; so much so that many large scale growers choose this variety over its modern hybrid cousins for early sowings. We love it as it does exactly what is says on the tin. (Average seed count - 200)



BURPEE'S GOLDEN (ORGANIC)

(BeGo) **£2.85**

Beta vulgaris

An unusual beetroot producing brilliant orangey yellow roots which mellow to a rich golden colour when cooked. Developed by breeders at the Burpee seed company in USA in the 1940s, it quickly became a hit with gardeners due to its sweeter and milder flavour compared to other beets.

It is a key ingredient of Ronja's delicious raw beetroot salad! (Average seed count - 150)



CHIOGGIA (ORGANIC)

(BeCh) **£2.85**

Beta vulgaris

An Italian variety with striking white and red concentric rings throughout its flesh. This unusual cultivar has been around since the early 19th century and originates from the coastal town of Chioggia near Venice in Northern Italy. With its delicate flavour and soft flesh it will make an ideal raw addition in salads or as a decorative side dish. When cooked the rings will fade out a little and become pinkish but the beetroot will keep its sweet and mild delicious taste. Definitely our favourite in terms of looks! (Average seed count - 200)

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Beetroot continued...**CYLINDRA (ORGANIC)****(BeCy) £2.25***Beta vulgaris*

A distinctive, very attractive variety which forms long, thin cylindrical beets. Deep purple, and typically 20cm tall, and 6cm diameter, but like any beet, can get very large with enough room. They look great in the veg patch, at the market and also on your plate! Very suitable as a main crop and has excellent storage capability. (Average seed count - 200)

**DETROIT (ORGANIC)****(BeDe) £1.95***Beta vulgaris*

Reliable maincrop beetroot producing large globe-shaped red roots. This is a classic variety, having proved itself since 1892 when it was introduced by the D.M. Ferry Seed Company, in Michigan, USA! It is reliable and high-yielding and remains a favourite with gardeners and growers to this day.

The large, globe-shaped beets have the typical beetroot colour and an excellent flavour which makes it perfect for baking, sautéing, grating into salads, pickling and anything else that you might want to do with a beetroot. Yes, it will also store well! (Average seed count - 200)

BROAD BEANS**EXPRESS (ORGANIC)****(BBEx) £2.85***Vicia faba*

One of the fastest maturing broad beans from early spring-sowings. Eaten the world over, broad beans are a reliable base for delicious and varied dishes such as bean dips, curries and spicy stews.

Express is excellent for freezing as it will not discolour, it is frost-hardy and produces wonderfully tender, white-green beans. (Average seed count - 40)

**HANGDOWN GREEN (ORGANIC)****(BBHD) £2.95***Vicia faba*

A spring sown medium-late variety, producing long pods containing 5-6 beans each. This is a very tasty green-seeded bean which stays juicy and tender when cooked. It is a modern variety which is becoming increasingly popular which growers, gardeners and chefs. (Average seed count - 40)

SUPER AQUADULCE (ORGANIC)**(BBSA) £2.85***Vicia faba*

A Spanish heritage variety for autumn sowings that produces an abundance of light-green pods early in the season. According to food historian Willam Woys Weaver this variety can be traced back to Vilmorin's selection of a Spanish broad bean called 'haba de Sevilla' in 1885. Super Aquadulce can withstand cold temperatures as it is extra hardy. It will produce massive amounts of delicious uniform green pods with large beans. Although especially suited for Autumn sowing, Aquadulce can be sown in early spring for a summer/autumn crop too. (Average seed count - 40)

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BROCCOLI



EARLY PURPLE (ORGANIC)

(BrEP) **£1.95**

Brassica oleracea

A very popular and traditional variety of sprouting broccoli, producing an abundance of tasty spears from late March. We love Early Purple broccoli, it comes at a time of year when we are in serious need of some green vegetables that are not kale, chard or leeks! We can quite happily eat it with every meal during its harvest window. It is very versatile, being great seamed, stir fried, roasted, added to soups and stews, put in omelettes... the list could go on. (Average seed count - 250)

BRUSSELS SPROUTS



GRONINGER (ORGANIC)

(BSGr) **£2.25**

Brassica oleracea

An excellent, reliable variety, steadily producing from November up until the end of January. 'Groninger' is a great-tasting Brussel Sprout variety, with improving flavour as the cold draws in. It is an ideal choice for your garden giving a steady supply of small to medium sized sprouts with tight heads just in time for Christmas dinner.

This variety has received the RHS Award of Garden Merit and is tried and tested, sturdy and reliable. (Average seed count - 100)

CABBAGE

COUR DI BUE (ORGANIC)

(CbCD) **£2.30**

Brassica oleracea

Conical shaped oxheart-type cabbage for early spring or autumn planting. An old French variety that used to be really popular with farmers as well as market visitors. Today it is grown for its early maturing properties and its fine delicate sweet cabbage taste typical for pointed varieties.

Very nice in slaws and other raw salads or cooked. (Average seed count - 230)



DERBY DAY (ORGANIC)

(CbDD) **£2.85**

Brassica oleracea

Early summer cabbage that quickly forms large round heads. This is our favourite summer cabbage. An excellent variety for cropping as early as June. It is more resistant to splitting and bolting than some other fast-growing varieties. Dense interior of mild flavour ideal for steaming, boiling or in coleslaw. (Average seed count - 100)



GREYHOUND (ORGANIC)

(CbGH) **£2.45**

Brassica oleracea

A very fast growing pointed cabbage suitable for use as spring greens or early summer cropping. Greyhound (also known as 'Express' and 'Eersterling') is a traditional dual purpose variety suited to both late-summer /autumn sowings (for spring greens) or early summer production. We grow it mainly for spring greens. It is an RHS Award of Garden Merit winner that has stood the test of time. (Average seed count - 110)

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Cabbage continued...



LANGEDIJK RED LATE (ORGANIC)

(CbLr) **£2.85***Brassica oleracea*

Forms dense heads of a good size which stand well in the field and also do well in storage. This improved variety is particularly suited for storage and has good taste. It also makes a very fine sauerkraut, turning bright pink during the fermentation, with the addition of salt. Red cabbage can in fact be used as a litmus test for acidity (it will turn blue in less acidic conditions).

Guest description by our friend Dan from Chagfood CSA! (Average seed count - 100)



RODYNDA (ORGANIC)

(CbRo) **£2.95***Brassica oleracea*

Red autumn and winter cabbage with a dense head and medium-good storage qualities. Rodynda is a variety bred specifically for organic conditions. It is vigorous and short-stemmed and forms dense, elliptical heads. It has strong outer leaves and solid root growth. The particularly sweet and aromatic flavour makes it perfect for a coleslaw and it performs brilliantly in a classic braised red cabbage dish cooked with apples and onions. (Average seed count - 100)



VIOLACEO DI VERONA (ORGANIC)

(CbWV) **£2.95***Brassica oleracea*

A winter Savoy cabbage with dark green and violet leaves. We were really pleased with Violaceo di Verona in our cabbage trials in 2018, in terms of vigour, pest resistance and looks. This variety grows medium sized heads that can be harvested from July until mid-winter with successional sowings. (Average seed count - 100)

CARROT



AMSTERDAM FORCING (ORGANIC)

(CaAF) **£2.25***Daucus carota*

A quick to grow and early maturing carrot, producing small, slender, cylindrical roots. This is a great variety for early or late cultivation under fleece or in a polytunnel. It's a particular hit with children as it can be grown as baby carrot and is very sweet and crisp! (Average seed count - 400)



AUTUMN KING (ORGANIC)

(CaAK) **£1.55***Daucus carota*

An RHS award-winning maincrop variety ideal for storage over the winter months. How could we not include Autumn King in our catalogue?! This is one of our favourite varieties, and certainly lives up to its name. It is an RHS Award of Garden Merit winner and is a firm favourite amongst both home and market gardeners.

It produces conical roots up to 30cm long and with a deep orangey-red colour. It is sweet-tasting and delicious both raw and cooked. (Average seed count - 400)

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Carrot continued...



NANTES 2 (ORGANIC)

(CaNa) £1.55

Daucus carota

Fast maturing carrot perfect for early sowings. Originally from France but grown in this country for decades as a kitchen garden favourite, this is a classic carrot variety of the half-long type, as they say. Reaching up to 17cm in length and 3-4 cm in diameter, it is a sweet, bright orange, blunt, cylindrical root, round at the top and bottom. It has fine texture and delicate flavour with almost no core. It is ideal for early sowings but can delight you with a tasty crop throughout the year as well. (Average seed count - 400)



YELLOWSTONE (ORGANIC)

(CaYe) £2.55

Daucus carota

A yellow rooted variety which is fast growing and produces beautiful, long and cylindrical roots. Yellowstone carrots have a delicate, sweet flavour which is best described as "more carrotty than a carrot"! They cook just as well as their orange siblings but add that extra rainbow colour to any plate of food. And of course delicious raw, which lots of crunch. They produce large foliage which is reflected in the often large root that is growing beneath the ground. (Average seed count - 400)

CAULIFLOWER



SNOWBALL (ORGANIC)

(CFSn) £2.25

Brassica oleracea

A fantastic and versatile heritage cauliflower suited for all growing seasons. Snowball cauliflower was bred in the 1890s in America, and it has certainly stood the test of time. It produces heads of up to 15cm diameter ready 65-70 days from sowing. It has a mild flavour perfect for cooking with but also delicious raw.

The plants are smaller than some cauliflowers and so can be planted closer together. We particularly love this variety due to its flexibility. (Average seed count - 200)

CELERIAC



IBIS (ORGANIC)

(CIlb) £2.25

Apium graveolens

Fast growing smooth skinned celeriac that has good storing qualities and disease tolerance. Ibis is a vigorous variety that produces smooth white skinned globes with a good dense interior. Its celery-like nutty mild taste enriches soups and stews and it tastes amazing when roasted or mashed. Our favourite recipes are celeriac schnitzel and battered and pan-fried and celeriac chips with curry powder. (Average seed count - 300)

CELERY



TALL UTAH (ORGANIC)

(CeTU) £1.55

Apium graveolens

A classic variety of celery producing thick crunchy stalks with compact hearts. We love the deep green colour of this celery and its super-crunchy string-less stalks. It was first introduced in the USA in 1953 and was the outcome of a breeding program by the Ferry Morse Seed Company in California. It was developed to be resistant to many common diseases of celery, and remains a very reliable variety to this day. (Average seed count - 200)

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CHARD



FIVE COLOURS (ORGANIC)

(BLFC) **£2.85***Beta vulgaris*

A beautiful chard mix of red, pink, orange, yellow and white stalks with contrasting green and maroon leaves. Baby greens are ready in less than 6 weeks - both the tender leaves and stalks are easy to use - fried, steamed, blanched or added to an omelette. This variety of chard is less hardy than others, and doesn't handle frost as well, so best not relied on as your only winter green. (Average seed count - 130)



PERPETUAL SPINACH/ ERBETTE (ORGANIC)

(BLPS) **£2.25***Beta vulgaris*

A traditional Italian variety with narrow leaves and a pale midrib. Perpetual spinach or beat leaf is actually part of the chard family. It tastes similar to spinach but is slightly earthier in flavour. Hardy, easy to grow and bolt-resistant in its first season it makes a good replacement for true spinach where growing conditions are difficult. (Average seed count - 200)



RHUBARB (ORGANIC)

(BLRh) **£2.25***Beta vulgaris*

A very striking variety of chard with dark green leaves and bright red stalks. This ornamental looking chard is worth just growing for its beauty! And it can be used like any other chard or spinach. (Average seed count - 200)



WHITE (ORGANIC)

(BLSw) **£2.25***Beta vulgaris*

A classic variety with glossy dark green leaves and thick white stems. If you need a leafy vegetable that 'just grows' Swiss Chard is the right kind of plant. From two sowings, one in the Spring and one in the Autumn, you can have chard almost all year round. In Fred's words "Chard is just always there, even if you don't want it, it's still there. (Average seed count - 200)

CHICORY



PAIN DE SUCRE (ORGANIC)

(ChPS) **£1.55***Cichorium intybus*

Mild tasting green leaves that form dense, conical heads, alternative to winter lettuce.. This is a more mild tasting chicory that is a superb substitute for lettuce in the winter. Indeed, this is a common practice in several rural parts of France, and no doubt elsewhere too. Can produce very large heads, with tender green exteriors and golden yellow hearts that have a real sweetness to them, hence the name! (Average seed count - 500)

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Chicory continued...



PALLA ROSSA (ORGANIC)

(ChPR) £1.55

Cichorium intybus

Radicchio type, forming dense heads of dark red and white colour.. Palla Rossa - aka 'Red Ball' - is another excellent chicory from the North-East of Italy around Venice. It is a Radicchio, with wonderful vivid colours and sharp differentiation, and is usually left to grow to form mature, dense heads, as the name suggests. It is also very flavoursome and can well be eaten raw or cooked. (Average seed count - 500)

CHILLI

New for 2020



DE CAYENNE (ORGANIC)

(PHCy) £1.95

Capsicum annum

Absolute classic red hot chilli pepper, ideal for drying and making chilli powder or flakes. Cayenne peppers are one of the best known chillis and rightly so. The abundance of hot, thin long fruits with great flavour and a thin skin make them perfect for making fresh hot sauce, pickling or dried and ground up into your own chilli powder. The plant itself is super productive, upright growing and reaches about 60cm in height.

SHU of around 30,000 to 50,000. (Average seed count - 20)



HABANERO MAGNUM (ORGANIC)

(PHHM) £1.90

Capsicum chinense

Bright orange, very hot and fruity, a variety that is productive and does better in cooler climates than most other chillies. Habanero Magnum rates between 200,000 and 325,000 SHU on the Scoville scale and is therefore on the hotter end of the spectrum. A fruity almost floral flavour can be tasted when the initial spice has faded. It is a great ingredient for hot sauces or when powdered. A way of controlling the heat when cooking with it is to make a couple of holes in the chilli and then add it to the sauce - or whatever it is your cooking - as a whole and remove after a certain amount of time, that will determine the degree of fieriness. (Average seed count - 20)



JALAPENO. EARLY (ORGANIC)

(PHJE) £1.95

Capsicum annum

A truly early and abundant hot chilli, with good flavour too. Plants grow to 60cm high and fruit heavily, with harvesting of typical green Jalapeños beginning in early August, and continuing through into autumn. We thinly slice and preserve ours, and then eat them with Mexican dishes throughout the rest of the year. Guest description by our friend Dan from Chagfood CSA! (Average seed count - 20)



RING OF FIRE (ECOLOGICALLY PRODUCED)

(PHRF) £1.95

Capsicum annum

An improved cayenne type chilli producing long pointy red fruits which pack a punch. This is one of our staple chilli varieties to grow. It is very reliable and does exactly what it says on the tin - for better or worse! The plants are compact - growing to 45cm, and produce an abundance of fruit 1cm wide and 6-7cm long. This variety measures 70-85,000 Scoville Heat Units, which puts in the hot but not unbearable heat range.

Chillies can be very easily frozen whole and then used as needed, we always make sure we grow enough so that we always have a supply (Average seed count - 20)

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Chilli continued...



SLIM JIM (ECOLOGICALLY PRODUCED)

(PHSJ) £2.25

Capsicum annum

A very productive long green to red maturing chilli of mild pungency. A blunt nosed, long and narrow chilli with up to 1,000 Scoville Units heat rating, so relatively mild. Slim Jim is used more as a main ingredient than a spice, it is aromatic and very nice tasting stuffed or roasted. (Average seed count - 15)

CLIMBING FRENCH BEANS



BLAUHILDE (ORGANIC)

(BCBI) £2.95

Phaseolus vulgaris

A stringless, climbing French bean from Germany producing lots of very dark purple pods that turn green when cooked. We like to grow a variety of different colour beans, as they are such a versatile crop. Blauhilde can be grown outside or indoors and makes an excellent market garden variety as it's productive, disease resistant and exquisite in taste. (Average seed count - 80)

New for 2020



COBRA (ORGANIC)

(BCCo) £2.85

Phaseolus vulgaris

Prolific and reliable climbing bean with stringless pods of marvelous taste. Cobra is an extremely popular and very reliable French bean variety and an RHS Award of Garden Merit winner. It's got everything you'll want from a bean. It produces an early crop of stringless round green pods that have the most delicious flavour. The showy violet-purple flowers will stand out in your garden and you'll be surprised at how long your beans will keep coming. (Average seed count - 80)



GOLDEN GATE (ORGANIC)

(BCGG) £2.95

Phaseolus vulgaris

A vigorous climbing French bean producing bright golden yellow pods and dark green foliage. A heavy-cropping pole bean variety that we really enjoy for the buttery, smooth textured beans that will stay tender and stringless even as they get larger. A great addition to your other green and purple beans. (Average seed count - 75)

COURGETTE



BLACK BEAUTY (ORGANIC)

(SSBB) £2.95

Cucurbita pepo

A vigorous and prolific courgette producing dark green, glossy fruits over a long period. A classic dark-green summer squash with creamy white flesh. Best picked young when no longer than 25cm. The plants have an open growth habit which makes it easy to pick the fruit, and they won't stop coming! Try battering and frying the male courgette flowers for a gourmet addition to a summer meal. (Average seed count - 17)

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Courgette continued...**COCOZELLE (ORGANIC)****(SSCo) £2.15***Cucurbita pepo*

Very productive courgette producing dark and light green stripy fruit over a long period. We have grown this traditional Italian variety of courgette for many years, it has become a staple part of our summer diets. It is a prolific producer of good looking and great tasting fruits. It has a bush-type growth habit making it suitable for smaller plots of even container growing. (Average seed count - 20)

**GOLD RUSH (ORGANIC)****(SSGR) £2.95***Cucurbita pepo*

Bright yellow golden fruits on vigorous plants. Bored of green courgettes? Try Gold Rush with its bright yellow fruits with delicious and excellent textured flesh. Easy to harvest and best when picked young and no longer than 25cm. We like them stuffed or raw in a salad with tamari and sesame oil. (Average seed count - 15)

**MUTABLE (ECOLOGICALLY PRODUCED)****(SSMu) £2.30***Cucurbita pepo*

Very productive throughout the season with dark green fruits on plants with an open growth habit for easy-picking. The powdery mildew resistant plants stay healthy for a very long time which leads to a consistently high yield and excellent fruit quality. The beautiful dark green courgettes are easy to pick due to the open plant structure and almost total lack of thorns. We think this is as good as or even better than many of the hybrid ones you can get as it keeps producing into late summer after the others have faded out. We are very pleased to offer this variety in our catalogue and think it might be a new favourite classic courgette for home gardeners and market growers alike! (Average seed count - 20)

**TONDO DI NIZZA (ORGANIC)****(SSTN) £2.95***Cucurbita pepo*

A round pale green courgette with a delicate skin and fine flavour. If you are looking for something a little bit different in your courgette patch, Tondo di Nizza would be a good choice. It is an Italian heritage variety that provides you with an abundant crop of round courgettes. Best harvested when approximately 10cm in diameter, just before the skin darkens in colour. (Average seed count - 15)

CUCUMBER**CRYSTAL LEMON (ORGANIC)****(CuCL) £1.95***Cucumis sativus*

A prolific, unusual and old variety of outdoor cucumber, small, round and yellow with a crisp, sweet flavour. First cultivated in 1894 in New Zealand, these small apple shaped cucumbers with pale skins are an unusual and very pleasing variety of cucumber. The plant is an attractive climber and will produce prolifically throughout the summer, whether planted in a container or in free draining soil. The skin gets tougher as the fruit ages so they are best picked early on. (Average seed count - 11)

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Cucumber continued...**MARKETMORE (ORGANIC)****(CuMa) £1.95***Cucumis sativus*

A versatile, productive variety with luscious, dark green fruits throughout the summer. As British reggae artist Macka B makes clear in his ode to 'Cocombers' (see youtube for reference) the humble cucumber has many a good reason to grow it and eat it. The Marketmore variety produces luscious, cylindrical, dark green fruits and does so in abundance throughout the summer. It grows well in both poor and rich soil conditions and will ensure you are full of good electrolytes for the rest of the year. (Average seed count - 20)

DAIKON RADISH**MINOWASE (ORGANIC)****(RaMi) £2.55***Raphanus sativus*

A traditional variety of Daikon radish producing long bright white roots which are crunchy and delicious. This is a great variety of Daikon radish for sowing after July. Its roots can grow huge - up to 3 inches in diameter! It is not too hot and stays very sweet and crunchy. It's best left in the ground until wanted. We have some disagreement on the best way to eat Minowase; Fred likes to eat it raw and Ronja prefers to eat it cooked. Try both and see what works best for you! (Average seed count - 250)

DWARF FRENCH BEANS**FARADAY (ORGANIC)****(BDFa) £2.55***Phaseolus vulgaris*

A vigorous and prolific variety producing lots of thin green pods over a long cropping period. This is one of our favourite dwarf beans, it is a modern variety bred for disease resistance, and it does exactly what it says on the tin! It makes delicious beans, eaten raw or cooked. (Average seed count - 80)

**PURPLE TEEPEE (ORGANIC)****(BDPT) £2.55***Phaseolus vulgaris*

A productive purple dwarf French bean variety that will reliably provide you with a really tasty crop. We love it for its pinky purple flowers, deep purple coloured pods (which will turn green when cooked!) and for its prolific growth and amazing productivity over a long period of time. The pods are easy to harvest as they stand out against the foliage. (Average seed count - 60)

**SAXA (ORGANIC)****(BDSa) £2.85***Phaseolus vulgaris*

A classic early bush bean variety with medium-length light-green pods. Long-known and well-established. We chose this bush bean variety as it's especially suitable for poor weather and growing conditions. If you want to grow beans over a long period of time, Saxa is the best choice as it is robust and can be sown early in May right through until July. Needless to say, it tastes delicious. (Average seed count - 60)

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FENNEL



PERFEKTION (ORGANIC)

(FePe) **£1.95***Foeniculum vulgare*

Just the right blend of dependability and flavour creating attractive white bulbs with the signature anise flavour. Perfektion creates a succulent, round, white bulb with fine flesh. It has a delicious anise flavour and is reliable in its growing patterns. This variety also has attractive fern-like foliage which is also edible and good for adding a hint of anise to your cooking. Suitable for early or late cultivation. (Average seed count - 130)

KALE



DAZZLING BLUE (ORGANIC)

(KaDB) **£2.25***Brassica oleracea*

Cavolo Nero-type kale of dazzling blue and green coloured leaves with exceptional pink midribs. This showy kale was bred by Hank Keogh from Avoca Farm in Oregon, USA. He back-crossed 'Lacinato rainbow' with the Wild Garden Seed 'Lacinato'. In looks it resembles a Cavolo Nero kale and it has stunning blue, green and pink colours. The leaves are savoyed and have underturned margins, the plant grows upright and is very cold-hardy, more so than any other Cavolo Nero type kales. Tender and tasty, great for sautéing, steaming or finely chopped in a salad. A solid vegetable for the home or market garden. (Average seed count - 200)



DWARF GREEN (ORGANIC)

(KaDG) **£2.25***Brassica oleracea*

A hardy kale with a compact growth habit and tightly curled leaves. A deep green leaf colour and frilled edges with a succulent delicate flavour make this variety an attractive kale to grow. It is extremely hardy and withstands frosts in the winter when no other brassica stays standing but will also produce well when sown in spring for a summer harvest. It is a Scottish heritage kale dating back to the 19th century, originally known as 'Dwarf Curlies' or 'Scotch' kale, growing only 40cm high, which makes it perfect for windswept sites or for growing in containers. (Average seed count - 150)



LACINATO RAINBOW (ORGANIC)

(KaLR) **£2.25***Brassica oleracea*

Red, purple and blue-green leaf colours with slight ruffling on the edges, cold resistant and vigorous. A Frank Morten cross from Wild Garden Seed in Oregon, USA of Cavolo Nero 'Lacinato' and Redbor hybrid kale. The majority of the plants have savoyed, blue-green leaves with ruffled edges, others are more purple or more white, some have more ruffling and others less. When grown outdoors the colours will intensify with the cold. It is a hardy and very beautiful kale tasting sweet and aromatic. (Average seed count - 200)



NERO DI TOSCANA (ORGANIC)

(KaCN) **£2.85***Brassica oleracea*

Upright plants producing lots of heavily savoyed dark green leaves. Surely this is the king of kales! We always grow masses of Nero di Toscana, we can't get enough of it. It has been a staple of Italian cuisine for centuries and heavily features in the iconic 'Ribollita' Tuscan bean stew.

Although usually steamed or stir-fried, kale leaves can also be massaged raw with a little olive oil, salt and lemon juice, well worth a try if you haven't already. (Average seed count - 150)

For more information and to place your order, please go to our website:

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Kale continued...



RED RUSSIAN (ORGANIC)

(KaRu) £2.25

Brassica napus

Recognisable by its flat, purple-tinged and tooth-shaped leaves; this kale is hardy, frost tolerant and very versatile. A productive plant, it reaches 90cm in height and leaves can be harvested throughout the winter; they become sweeter after a frost. The tender young leaves are great in salads, larger leaves are attractive as well as delicious. This kale is so tasty you can eat it on its own, but its also a perfect addition to smoothies, salads and stir fries. You can get in the habit of adding it to most meals! In Scotland, kale used to be a mainstay of the traditional diet. So much so that to be "off one's kail" means to feel too ill to eat. (Average seed count - 200)

KOHLRABI



AZUR STAR (ORGANIC)

(KRAS) £2.95

Brassica oleracea

A very attractive purple heritage variety, fast growing and well suited to early and late plantings due to its cold hardiness. Azur Star is certainly our shining star for early and late season crops. It grows fast and consistently and is ready to harvest after 8-12 weeks. Although sometimes considered a root vegetable, kohlrabi is actually the swollen stem of the plant. The whole plant can be eaten, the large leaves can be cooked like kale and smaller leaves make a pretty and very tasty addition to salads. (Average seed count - 125)



SUPERSCHMELZ (ORGANIC)

(KRSu) £2.85

Brassica oleracea

A light-green kohlrabi that will remain tender and sweet to a huge size. If left to grow it can reach up to 8kg. It is resistant to bolting and splitting. Fred has been growing Superschmelz kohlrabi for years. "It gets huge, it stores really well AND it stays tasty and crunchy!", is his verdict. We think kohlrabi is best eaten raw in salads or straight from the garden. It is also nice pickled or cooked in various ways. (Average seed count - 100)

LEEK

New for 2020



BANDIT (ORGANIC)

(LkBa) £2.95

Allium porrum

The latest leek! A tasty, winter-hardy, bluey-green variety, most suitable for harvesting in spring, since it will not run to seed until May. We have even adopted (and adapted) a Catalan festival - the calcotada - to celebrate the end of the leek harvest in mid-May where we barbecue the remainder of the crop and have a party! (Average seed count - 200)



BLUE GREEN WINTER AVANO (ORGANIC)

(LkBG) £2.85

Allium porrum

This is a fantastic late winter leek that can stand a heavy frost and is harvested from December right through till March. The dark green leaves are both thicker and tougher than autumn varieties but still have an excellent flavour. (Average seed count - 300)

For more information and to place your order, please go to our website:

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Leek continued...



GIANT WINTER (ORGANIC)

(LkGW) **£2.25***Allium porrum*

A variety with thick heavy stems - harvested from January onwards. This is a leek of outstanding flavour which will sit through the bleakest of the winter weather, providing you with a delicious ingredient to add to your wholesome winter stews and soups. Eating large amounts of leeks is one of the things that makes the winter months bearable, we are always sad when they come to an end in spring. (Average seed count - 300)



HANNIBAL (ORGANIC)

(LKHA) **£2.85***Allium porrum*

A dependable autumn variety that bulks up quickly throughout September and can be harvested up to December. An Organic favourite - Hannibal produces a long dense shaft and mid-green leaves; it has a mild flavour and plenty of heart. (Average seed count - 300)

HILARI (ORGANIC)

(LkHi) **£2.85***Allium porrum*

A really good late summer / autumn leek with dark-ish leaves and long stems. Although there is plenty of other veg around towards the end of the summer we think is always nice to grow some early leeks to add to the mix. Its great to have some leeks to catch the end of the BBQ season! We cut them into thirds, cover them in butter and herbs, wrap them in foil and then chuck them on the BBQ or in the fire for 10mins. (Average seed count - 300)

LETTUCE



ELF EARS OAK (ORGANIC)

(LeEE) **£2.30***Lactuca sativa*

An oak-leaf lettuce with pointy elongated 'ear' tips and a crispy texture. Elf Ears Oak is a tasty and beautiful lettuce with slightly savoyed leaves that have an elongated tip and a dense compact heart. The leaves almost resemble a dandelion in terms of shape but the good taste, sweetness and crunch make it a superior salad ingredient. It was bred by Frank Morten from Wild Garden Seed in Oregon, USA. (Average seed count - 250)

FINE SPECKLED OAK (ORGANIC)

(LeFS) **£2.25***Lactuca sativa*

Fantastic and unusual oak-leaf lettuce, covered thickly in fine speckles of crimson. Fine Speckled Oak was one of Fred's favourites in our 2018 lettuce trials. It was super healthy and had very consistent growth throughout the population. At full maturity it forms a dense colourful heart. An attractive and vigorous lettuce bred by Wild Garden Seed in Oregon, USA that we are very pleased to offer in our catalogue. (Average seed count - 250)



For more information and to place your order, please go to our website:

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Lettuce continued...



FLASHY BUTTER OAK (ORGANIC)

(LeFB) £1.95

Lactuca sativa

A very pretty and vigorous oakleaf lettuce with dark red splashes all over pale green leaves. Excellent taste and texture, compact head. This lettuce was bred by Wild Garden Seed in Oregon, USA. It is an open-pollinated variety that was introduced in 2005. It is very versatile, can be picked as baby green, baby head, at full maturity or one leaf at the time. The texture is crispy and smooth, the taste delicate and sweet. (Average seed count - 250)



FLASHY LIGHTNING BUTTER-OAK (ECOLOGICALLY PRODUCED)

(LeFL) £1.95

Lactuca sativa

A quick-maturing butterhead lettuce with dashes of maroon on its dark green leaves. Exquisitely mild, juicy and sweet and the silky texture makes this a masterpiece of lettuce breeding from Wild Garden Seed in Oregon, USA. We are extremely happy to offer this variety in our catalogue as it combines all the goodness one can find in lettuces. (Average seed count - 200)



LITTLE LEPRECHAUN (ECOLOGICALLY PRODUCED)

(LeLL) £1.95

Lactuca sativa

A small to medium sized dark red-maroon flushed cos lettuce with crunchy leaves forming a tight centre. Cos or romaine lettuces are probably one of the oldest types of cultivated lettuce, originating in the Mediterranean. Little Leprechaun is popular as a salad leaf crop forming a compact, upright, dense lettuce with crunchy and tasty leaves, slightly tangy and very delicious. It can be grown outdoors throughout the growing season and is an old-time favourite amongst growers, gardeners and us. (Average seed count - 300)



REALLY RED DEER TONGUE (ORGANIC)

(LeRR) £2.20

Lactuca sativa

Very dark red loose-leaf variety, with striking arrow-shaped leaves. This is definitely one of our favourite varieties of lettuce. It is productive and easy to harvest as well as being crunchy and extremely tasty. It adds a real depth of colour to any salad as its leaves are almost black! (Average seed count - 250)

New for 2020



RED SOLIX (ORGANIC)

(LeRx) £1.95

Lactuca sativa

A vigorous dark red oak-leaf variety with upright leaves. Red Solix is a fantastic variety, cropping large amounts of fresh and crunchy leaves over a long harvest period. It makes a fantastic addition to the summer salad bowl. (Average seed count - 250)



RUBY ZOISITE (ORGANIC)

(LeRZ) £2.95

Lactuca sativa

A mini butterhead lettuce with multicoloured leaves of green, red and bronze. A very pretty lettuce, and tasty, too! With tangy flavours, a crunchy texture and fancy colours Ruby Zoisite jazzes up every salad. Bred by Wild Garden Seed in Oregon, USA. (Average seed count - 240)

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Lettuce continued...



RUFFLED SOUL (ORGANIC)

(LeRS) **£2.25***Lactuca sativa*

Deep red, ruffled leaves, very suitable for repeated harvests. The most attractive lettuce I grew in 2018, it contrasts brilliantly with other leaves in a mixed salad. Bred by Frank Morton of Wild Garden Seed this lettuce is very suitable for repeated harvests since it is slow to bolt and the leaves do not get too big. (Average seed count - 250)



VALDOR (ORGANIC)

(LeVa) **£1.55***Lactuca sativa*

A green winter-hardy butterhead lettuce with great taste and texture. We wanted to include Valdor amongst our lettuces because it is one of the best and biggest winter hardy butterhead types there is. It has glossy dark green leaves and medium-sized heads. Sown in September, it can be cultivated outside or undercover for continuous picking or left to mature for an early spring harvest. (Average seed count - 250)

ONION



BAJOSTA (ORGANIC)

(OnBa) **£2.25***Allium cepa*

A great second-early storage onion, round shaped with bronze skin. A high yielding variety with excellent flavour. (Average seed count - 350)



BEDFORD CHAMPION (ORGANIC)

(OnBe) **£2.25***Allium cepa*

A traditional variety grown in England for over a century. Maturing in late summer, it has excellent storage qualities and crisp white flesh. This is a staple variety for gardeners, and a great all-rounder. (Average seed count - 350)



ROBELJA (ORGANIC)

(OnRo) **£2.25***Allium cepa*

A productive red onion with medium storage potential. It makes beautiful dark red globe-shaped bulbs with a fine flavour. They store quite well for red onions but not as long as some white onions. (Average seed count - 350)

For more information and to place your order, please go to our website:

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Onion continued...

**STURON (ORGANIC)****(OnSt) £2.25***Allium cepa*

A second-early, yellow-brown skinned variety. Excellent storer and high yielding. This variety certainly lives up to its reputation for being a great storer, so much so that it was awarded an RHS "Award of Garden Merit"! It's a traditional and reliable variety which produces semi-round bulbs. (Average seed count - 350)

ORIENTAL GREENS

**GIANT RED MUSTARD (ORGANIC)****(OrGR) £1.90***Brassica juncea*

Purpleish-red and green mustard with large leaves and a fiery spice. The young leaves are of a succulent delicate peppery flavour. When harvested fully matured, the leaves might surprise you with their bold pungency. Glucosinolates are responsible for that mustard spice. When cooked or steamed like other greens however the taste will be mild and similar to spinach or chard. Giant Red Mustard seeds are also excellent for sprouting. (Average seed count - 300)

**MIZUNA (ORGANIC)****(OrMz) £1.55***Brassica rapa*

A variety of mustard greens, mizuna is a vigorous grower, producing an abundance of stalks with dark green deeply serrated leaves, very easy to harvest. Mizuna has a mild piquant almost peppery taste and can be used raw in salads and also as a cooked green. It is highly resistant to the cold and can be grown throughout the winter, making those cold, short days and long nights feel healthier and a little bit spicier! The pretty yellow sprays of flowers can also be a bright addition to a salad with the same mustardy hit. (Average seed count - 275)

**PAK CHOI (ORGANIC)****(OrPC) £1.55***Brassica rapa*

An heirloom pak choi variety with juicy fat white stalks and dark green spoon shaped leaves. Also known as 'Boo Toy', 'Horse's Ear', 'Japanese Celery' or Pak Choi looks like a squat fat celery with dark green spoon shaped leaves. You can eat all of the plant above ground and it's delicious with sesame oil, chilli and steamed rice. Tai Sai grows well in colder conditions and can be used as cut and come again or as a more mature plant later in the year. Any ideas as to why it's called Horses Ear, we would love to hear! (Average seed count - 200)

**PURPLE FRILLS (ORGANIC)****(OrPF) £1.75***Brassica juncea*

An abundant, colourful, delicate variety of mustard which gets punchier as the season continues. Purple Frills has beautiful burgundy tinged, spidery leaves. It adds interest to any salad with it's hot mustardy flavour. It can also be cooked and used a spicy spinach might be. It is abundant in its growth and will continue throughout the coldest weather. (Average seed count - 250)

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Oriental greens continued...



TATSOI (ORGANIC)

(OrTS) £1.55

Brassica rapa

A fast growing variety producing an abundance of flavoursome dark glossy round leaves. Tat Soi produces leaves with a mild mustard flavour and a crunchy texture that can be used raw as a delicious addition to a salad or cooked in a variety of ways. It is a fast growing variety that can be cut at any stage. If the baby leaves are left to mature they become a stunning rosette head of broad round leaved greens with a wide, crisp and juicy central stem. (Average seed count - 300)

PARSNIP



TENDER AND TRUE (ORGANIC)

(PaTT) £1.85

Pastinaca sativa

A classic French variety with very tasty long white roots. Tender and true is one of the best tasting parsnips you will find. If left in the ground until after the first frosts, the starch will turn into sugars and make this parsnip even sweeter than it already is. (Average seed count - 500)

PEAS



AMBASSADOR (ORGANIC)

(PeAm) £2.20

Pisum sativum

A top quality pea for cooking and freezing, widely used for commercial production. Big juicy peas in a pod. What could possibly be more exciting than growing your own peas to go with a traditional dinner. Ambassador is robust, vigorous, productive and delicious. It won the Royal Horticultural Society's Award of Garden Merit in 1993 which was reconfirmed in 2005 and is one of the most widely used peas of its kind. (Average seed count - 80)



GOLDEN SWEET (ORGANIC)

(PeGS) £2.55

Pisum sativum

Vigorous multicoloured plants with green leaves, red-magenta leaf nodes, cream-pink-purple-blue flowers and golden-yellow pods. Golden Sweet makes a very unusual attraction in the pea patch. The colour changes of the flower from cream to purple and blue when they mature is extraordinary. When the pods are still young they're very sweet and crunchy, as the pods get bigger they'll become more stringy which makes them better for cooking rather than eating raw. (Average seed count - 60)



HERAUT (ORGANIC)

(PeHe) £2.55

Pisum sativum

Very vigorous, tall-growing mangetout snow pea with violet flowers and ever-so-sweet pods. They are delicious raw, when picked young and still flat, steamed or stir-fried, fantastic in salads and you can eat them 'pod and all'. They produce an early crop of sugar snap peas on productive and hardy plants. If picked regularly, more growth is encouraged.

It quickly makes its peas, and has a great taste, too, so that we couldn't resist snacking on it while growing it. (Average seed count - 60)

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Peas continued...



SCHWEIZER RIESEN (ORGANIC)

(PeSR) £2.55

Pisum sativum

An old heirloom sugar snap pea from Switzerland aka 'Swiss Giant', producing huge pods up to 10cm long. The plant will grow vigorously up to 2m high with attractive purple flowers will make large flat sweet and tender pods. An amazing sugar-snap pea that certainly lives up to its name. (Average seed count - 40)



SWEET HORIZON (ORGANIC)

(PeSH) £2.25

Pisum sativum

Mangetout pea variety with tasty, flat, almost stringless pods with a long harvest window. Sweet Horizon will grow to 1.2m tall, producing large and very sweet pods over a long period of time. We found this variety to have good resistance to powdery mildew, and exquisite flavour either raw or cooked. We love grazing on mangetouts in the garden, so much so that they rarely make it to the cooking pot! (Average seed count - 50)

PEPPER



YOLO WONDER (ORGANIC)

(PSYW) £2.25

Capsicum annuum

A proper bell pepper with thick flesh and excellent, mild flavour. Plants produce large green, heavy fruit which mature to red when fully ripe. A productive plant with a spread of about 60cm, very suitable for British summers. I pick these green to encourage more fruiting and since the taste is excellent, raw or cooked. (Average seed count - 15)

RADISH



CHERRY BELLE (ORGANIC)

(RaCB) £2.20

Raphanus sativus

A quick-maturing variety with bright scarlet skin and crisp white flesh. We love the way radishes signal that summer is well on the way! These cherry-like beauties are so fresh and crunchy and such a welcome addition to the lunch plate after the hungry gap. This variety was awarded an RHS Award of Garden Merit, making it an excellent choice for home gardeners. (Average seed count - 300)



FRENCH BREAKFAST 2 (ORGANIC)

(RaFB) £1.95

Raphanus sativus

Scarlet colour with white tips and a crisp mildly pungent flesh. If you were to eat a radish for breakfast, this would be the one. Cute in looks, sweet and mildly pungent in taste and with a succulent crunch it makes a tasty healthy snack. Introduced in 1879 it became a seller on the Parisian markets and quickly spread around the world.

Growing it is pure pleasure because they are quick to mature and you can harvest them throughout summer. Just sliced with some salt on it or mixed in with a salad. Hmm... (Average seed count - 300)

For more information and to place your order, please go to our website:

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RUNNER BEANS

ENORMA (ORGANIC)

(BREn) **£2.85**

Phaseolus coccineus

A variety renowned for its enormously long pods, high yields and taste. Awarded an RHS Award of Garden Merit, this popular runner bean producing pods of up to 50cm long is often grown to enter into competitions. The plant grows to 3m tall! The light green, slightly flat beans are smooth, thin and stringless, easy to prepare, eat raw or cooked. The pods also keep well frozen, which can be useful given the high yields. (Average seed count - 30)



SCARLET EMPEROR (ORGANIC)

(BRSE) **£2.85**

Phaseolus coccineus

A heritage variety of vigorous growth and productivity. Harvested young as snap beans or matured, dried and shelled. Scarlet Emperor beans are an old favourite. They are often just grown for their beauty, how great that they can be eaten as well! Bright red flowers and up to 3m tall it produces masses of smooth-textured long green pods that can be eaten as snap bean. Left to mature, the seeds are purple in colour, sometimes darker, sometimes lighter with black dapples. They make a great drying bean too. (Average seed count - 30)

SALAD LEAVES



BULL'S BLOOD (ORGANIC)

(BLBB) **£2.25**

Beta vulgaris

A variety of beetroot with extremely dark red leaves, usually grown as a salad leaf. The leaves are exceptionally dark red, almost purple colour and very tender and sweet, especially as baby-leaf. They can be cut up to 4-5 times and will grow back. The beets are best when harvested young, very mild in flavour. They have beautiful pinkish rings inside. (Average seed count - 200)



CLAYTONIA 'WINTER PURSLANE' (ORGANIC)

(MSWP) **£1.55**

Claytonia sibirica

A must-have excellent winter leaf of mild flavour and incredibly succulent, soft and juicy texture.. Winter purslane, also known as Miners lettuce or Claytonia, has heart-shaped elegant looking leaves which are small, abundant and make a great cut-and-come-again salad green. You will get a productive harvest all winter and early spring and if left to self seed, it will just keep coming year after year. (Average seed count - 850)



CORN SALAD (ORGANIC)

(MSCS) **£1.85**

Valerianella locusta

An invaluable hardy winter salad for growing outdoors and under cover with a superb flavour.. Corn salad or lamb's lettuce is a small annual plant that forms rosettes of dark green leaves which have a gentle nutty flavour, soft texture, and are extremely popular as salad greens. It provides a valuable source of fresh greens during the autumn and winter months as it is suitable for growing outdoors with little protection or under cover in the cold. (Average seed count - 600)

For more information and to place your order, please go to our website:

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Salad leaves continued...



SALAD ROCKET (ORGANIC)

(MSSR) **£1.95***Eruca sativa*

Salad leaf with a peppery fresh taste, most commonly used raw but can be cooked too. The nutritious dark green serrated leaves add their fine spice to salads, pasta, pizza, pesto, other sauces or as garnish. Salad rocket is native to the Mediterranean and has a long history of popularity. It is quick to crop and easy to grow and definitely one of our favourites leaves. (Average seed count - 900)

SPINACH

EARLY PRICKLY SEEDED (ORGANIC)

(SpEP) **£1.95***Spinacia oleracea*

A very hardy and fast-growing variety of spinach with smooth triangular leaves, ideal for an early or late harvest. Mentioned as early as the 13th century in Germany, the prickly seed lives up to its' name; but produces a smooth leaf which is very pointy and triangular in shape. It has long been known as one of the hardiest varieties of spinach and as such is recommended for overwintering. (Average seed count - 500)



GIANT WINTER (ORGANIC)

(SpGW) **£2.25***Spinacia oleracea*

A winter variety with large, savoyed, pointy leaves especially selected for winter hardiness. This productive spinach is particularly recommended for autumn and winter cultivation. The dark green characteristically pointy leaves are very aromatic and perfect for raw consumption in salads, as well as being delicious cooked. (Average seed count - 500)



MATADOR (ORGANIC)

(SpMa) **£2.25***Spinacia oleracea*

Reliable medium-early variety for autumn, spring and winter cultivation. Robust, flavoursome and productive. Matador is 'the' tried and tested variety for your garden with large and tender leaves, bolt- and frost-hardy. It was Ronja's first spinach trial in her mum's raised beds that was a huge success. In spring when the spinach bolts and produces seed, you can easily save it and sow it again for your next crop. (Average seed count - 460)

SPRING ONION



ISHIKRONA (ORGANIC)

(OnIs) **£2.50***Allium cepa*

A vigorous Japanese type of spring onion producing stems up to an inch in diameter. Ishikrona is definitely one of our favourites. It is beautiful in every way: it has fresh green coloured leaves and a bright white stem. It is succulent, mild and sweet in flavour, fresh and crispy in texture. It is extremely hardy as well as pest resistant and it stands in the ground for a long time as it just doesn't bulb up.

As an important ingredient of the Asian cuisine, it can be used in stir-fries, soups, salads. It can be used instead of or along side onions. (Average seed count - 385)

For more information and to place your order, please go to our website:

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Spring onion continued...



WHITE LISBON (ORGANIC)

(OnWi) **£2.25***Allium cepa*

The classic spring onion. Long white stems with bright green tops, suitable for both spring/summer cultivation and also over-wintering. This is traditionally the most popular variety of spring onion, and an essential addition to the veg patch. Quick, hardy, and easy to grow, it is. Its speed of growth makes it ideal for catch-cropping and year-round cultivation, and their small size means they can be easily squeezed into unused corners of the garden. (Average seed count - 300)

SWEDE



WILLHELMSBURGER (ORGANIC)

(SdWi) **£1.55***Brassica napus*

A well-formed, firm-fleshed and smooth-skinned swede, refined in taste and with good keeping qualities. In our ranks, swede is a controversially discussed root vegetable, but we all agree that it is a very valuable winter vegetable and easy to grow.

Wilhelmsburger is a German variety from 1935 bred for culinary use. Ronja's favourite recipe for swede is a bake with a creamy sauce and goats cheese. It will also make a great addition in stews or just roasted. (Average seed count - 275)

SWEETCORN



ASHWORTH (ORGANIC)

(SCAs) **£2.85***Zea mays*

Short and stocky plants producing cobs of approximately 15cm length with beautiful yellow-golden kernels. This sweetcorn has the flavour of summer. It was developed by Fred Ashworth of St. Lawrence Nursery in New York. The legend is that he chose to develop the sweetcorn of those kernels from the bin that the rats preferred the most. He named it "Rat Selected" but it was renamed in his honour.

'Ashworth' was the earliest to crop in our sweetcorn trials in 2018 and it was exceptionally tasty. (Average seed count - 50)



GOLDEN BANTAM (ORGANIC)

(SCGB) **£2.85***Zea mays*

The most popular open-pollinated sweetcorn variety since it was introduced in 1902 suitable for eating fresh and freezing. A tall vigorous plant making 18cm long cobs full of medium sweet, rich, delicious kernels when harvested 'milk-ripe'. Best eaten or processed on the day of harvest for full flavour and before the sugars turn into starch. (Average seed count - 50)

TOMATO

New for 2020



ARTISAN PINK TIGER (ORGANIC)

(ToPT) **£1.95***Solanum lycopersicum*

Elongated plum cherry tomato with stunning golden and red stripes. Artisan Pink Tiger is the most beautiful elongated plum cherry tomato you can imagine. The fruits are about 5cm long and striped with red and gold, they have an excellent sweet flavour which makes them ideal in colourful salads.

This line of seeds has been bred specifically to resist cracking and their flesh will stay firm for a very long time. (Average seed count - 25)

For more information and to place your order, please go to our website:

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Tomato continued...



BLACK CHERRY (ECOLOGICALLY PRODUCED)

(ToBC) £2.15

Solanum lycopersicum

Vigorous indeterminate cherry tomato producing large trusses of inch round dark red fruits. This is Fred's favourite tomato. He could (and sometimes does) eat them all day. They have a superb flavour, not too sweet, not too acid and are very juicy in texture. They have an amazing colour which is the result of a natural mutation discovered by the legendary tomato breeder Vincent Sapp of Tomato Growers Supply in 2003. (Average seed count - 25)

New for 2020



COSTOLUTO FIORENTINO (ORGANIC)

(ToCF) £2.05

Solanum lycopersicum

A deeply ribbed beautiful large heirloom tomato from Italy. This old traditional tomato from near Florence is one of the prettiest tomatoes with their attractive heavily ribbed shape and bright red colour. The indeterminate plants are vigorous and very pleasing to grow.

The fruits are juicy and fleshy. They make a brilliant slicing tomato and a really sweet tasty tomato sauce. (Average seed count - 25)



GARDENERS DELIGHT (ORGANIC)

(ToGD) £2.15

Solanum lycopersicum

Easy to grow large cherry tomato, widely known for its sweet fruity flavour. Gardener's Delight lives up to its name and has been a firm favourite amongst gardeners for years. Rightly it is an RHS Award of Garden Merit winner and also recommended by the National Institute of Agricultural Botany. Long full trusses of small fruits, sugar-sweet flavour and luscious juiciness - this tomato will grant you with a full tomato experience.

We love this variety and can't recommend it enough. (Average seed count - 25)



GREEN ZEBRA (ECOLOGICALLY PRODUCED)

(ToGZ) £2.55

Solanum lycopersicum

Large fruits, which remain green when ripe, with attractive yellow striping and excellent taste. In terms of appearance, this does what it says on the tin, but it does it very well. Fruits grow to around 8cm diameter and plants typically produce 6 to 8 fruits per truss. Quite fleshy, with very good taste and looks wonderful with other red and yellow tomatoes on a plate or at market.

Guest description by our friend Dan from Chagfood CSA! (Average seed count - 25)

New for 2020



PAUL ROBESON (ORGANIC)

(ToPR) £2.30

Solanum lycopersicum

A big dusky red beefsteak Russian heirloom tomato with cult status in the US. Paul Robeson tomato is a cult classic. Seed savers and tomato lovers are currently raving about this variety. The fruits are large and beautiful with a dusky red colour and green shoulders, their flesh is firm and juicy. It's most famous for its distinctive luscious smoky sweet and tangy flavour and the name behind the tomato. Paul Robeson (1898 -1976) was an African-American actor, athlete, opera singer, and an outspoken political activist for racial equality and social justice. (Average seed count - 20)

New for 2020



PURPLE UKRAINE (ORGANIC)

(ToPU) £1.95

Solanum lycopersicum

Reliable early and productive heirloom variety with big plum shaped dark fruits. Purple Ukraine is an heirloom variety from the Ukraine first introduced by Irma Henkel. It is an early fruiting vine tomato with fragile looking tall plants and feathery leaves. They produce masses of big delicious plum shaped fruits throughout the season. The tomatoes are of a lovely dark purple colour with green shoulders. The flavour is wonderful, deep and sweet. The flesh is juicy and soft. (Average seed count - 25)

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Tomato continued...



RUTHJE (ECOLOGICALLY PRODUCED)

(ToRu) £2.55

Solanum lycopersicum

A bright red greenhouse tomato with an exceptionally aromatic flavour, bred specifically for organic cultivation. This variety was bred 1996 in Germany by Ulrike Behrendt. Flavour and resistance to fungal disease was the main focus of the selection. It can deal well with a low intake of nutrients which promotes good taste. The firm fruits should be left on the plant until fully coloured and will keep for a long time on the plant. They can be stored and will also after-ripen. The plant has strong dark green almost shiny leaves, and short internodal length. (Average seed count - 25)

New for 2020



SANTIAM SUNRISE (ORGANIC)

(ToSS) £2.30

Solanum lycopersicum

Delicious yellow-orange cherry tomato with fruits 2-3cm diameter. Santiam Sunrise is without a doubt one of the tastiest tomatoes we have ever encountered. It is Fred's all time favourite for flavour. The fruits are 2-3cm across, growing on strong, stocky indeterminate vines.

Originally bred by the great Adaptive Seeds in the US as an open-pollinated alternative to the famous Sungold F1. The flavour is intensely fruity, with a zinginess to it that we have not encountered before. We recommend growing it under cover for best results. A real winner. (Average seed count - 25)



YELLOW SUBMARINE (ECOLOGICALLY PRODUCED)

(ToYS) £1.95

Solanum lycopersicum

Yellow indeterminate cherry tomato that produces lots of small pear-shaped fruits in large trusses. The fresh, sweet taste with juicy pulp and low acidity levels make this a popular tomato variety that will always look good amongst other tomatoes. The plant is a potato leaf type with an open growth. This is one of our most productive varieties, it just keeps giving.

Great in salads and despite the unusual colour it makes a very delicious tomato sauce. However we end up eating most of them straight off the plant as they are so tasty! (Average seed count - 25)

TURNIP



GOLDANA (ORGANIC)

(TuGo) £1.55

Brassica rapa

An improved version of the Golden Ball turnip, creamy-yellow flesh, tender and sweet, suited for spring and autumn sowing. Turnips are very traditional vegetables which, unlike most of the vegetables we eat, are native to Europe. For some reason they are not as popular anymore as they used to be. Goldana is a tasty maincrop variety with a uniform golden round shape, probably one of the mildest and sweetest varieties that you can find. They are really quick to grow and do not need much attention. "Get them in, get them out" is what Fred says. He likes them in soups or stews, they can also be roasted, mashed or grated into a slaw or salad. (Average seed count - 400)



PURPLE TOP MILAN (ORGANIC)

(TuPT) £1.55

Brassica rapa

A flat white turnip with purple shoulders, easy to grow, quick to mature and well suited for early sowings under cover. A classic Italian heritage variety from Milan with a creamy white, firm, crunchy, mildly sweet flesh. Pickled, cooked, raw - a very versatile vegetable! The leaves are tasty and nutritious and can be cooked just like other greens. (Average seed count - 280)

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WINTER SQUASH

New for 2020**MERUHEN (ORGANIC)****(SWMe) £2.55***Cucurbita maxima*

Fantastic green kabocha type squash originally from Japan, producing an abundance of 1kg fruits. Meruhen is a fantastic variety of winter squash with exceptionally sweet flesh - maybe even sweeter than butternut. The fruits are quite round, and are mainly dark green with lighter green/grey stripes. We think its best eaten roasted with a drizzle of olive oil, and lightly seasoned with salt and pepper. (Average seed count - 13)

**MUSQUE DE PROVENCE (ORGANIC)****(SWMP) £2.30***Cucurbita moschata*

A very large, earthy, heavily-ribbed pumpkin that is subtly sweet and stores well. The thick firm skin is an earthy colour, the flesh is a deep orange. A traditional variety for Provence, in Southern France, it is often sold in pre-cut wedges. It's an adaptable variety, which can be used in soups and stews, roasted or baked as a pumpkin pie. (Average seed count - 15)

**OREGON HOMESTEAD SWEET MEAT (ECOLOGICALLY PRODUCED)** **(SWOH) £2.55***Cucurbita maxima*

A large, beautiful, and delicious hubbard-type pumpkin, with excellent storage qualities. This is a variety bred by Carol Deppe in Corvallis, Oregon in the USA. She spent years selecting for vigour, good cool-soil emergence, small seed cavity and premium flavour. We believe this variety is a serious contender to Crown Prince F1. It is quite a large variety with a crunchy, sweet flavour. They were extremely prolific in our 2018 squash trials and Ronja's clear favourite in taste. They are great for cooking and even raw - real pleasure to munch on. (Average seed count - 10)

**RED KURI (ORGANIC)****(SWRK) £2.85***Cucurbita maxima*

A bright orange, chestnut flavoured, smallish winter squash of 1.2 - 1.5kg weight. With its orange red skin and golden flesh Red Kuri is a tasty globe of autumn glory. Firm but smooth, sweet and nutty, rich, creamy - you get the idea! It is Ronja's mum's favourite squash because you can cook it without having to peel it, and also for its fabulous flavour and good storage qualities.

This style of squash originates in Japan but has gained popularity in many other countries like the UK. We love growing squash, they are happy trailing across the ground or up a structure. (Average seed count - 13)

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HERBS

BASIL



GREEK (ORGANIC)

(ZBGr) **£1.95**

Ocimum basilicum

Fantastic variety of basil from Greece, with a bushy growth habit and small leaves. Greek basil is a great addition to the plot, its bright green foliage makes it as ornamental as it is delicious. It works really well in containers and crops well over a long period. Can be used like other basil, in sauces, salads as a garnish etc. (Average seed count - 400)



RED (ORGANIC)

(ZBRd) **£2.25**

Ocimum basilicum

Beautiful deep red purple foliage with similar taste and properties to common green basil. Red basil has both ornamental and culinary uses. We use it as garnish or to add colour to salads, even made into it pesto works well; it will also always look great in your garden, not to forget the amazing sweet scent of goodness when you pass it. (Average seed count - 350)



SWEET GENOVESE (ORGANIC)

(ZBSG) **£1.95**

Ocimum basilicum

The classic basil variety, very productive, aromatic and perfect for all culinary uses, especially making pesto. With large bright green leaves and a smell to die for this is an essential addition to the veg plot. We think you cannot grow too much basil, we use it in almost every meal throughout the summer months. Genovese makes the most superb pesto; aromatic without being overpowering, we eat it throughout the winter months giving us a window of sensation back to the summer at a much-needed time. (Average seed count - 500)



THAI (ORGANIC)

(ZBTh) **£1.95**

Ocimum basilicum

Irreplaceable, anise-flavoured variety used in Asian cooking on a compact plant that is equally as ornamental as it is culinary. Striking, both in flavour and appearance, Thai basil has a more concentrated, spicy flavour than its more well known cousin, with anise and liquorice notes. It has smaller, narrow, pointed leaves with flowers and stems of deep purple. Perfect for Thai green and red curries and stir fries and is more resilient to longer cooking methods than green basil. (Average seed count - 350)

CELERY LEAF



EARLY BELL (ORGANIC)

(ZCLE) **£2.25**

Apium graveolens

A 'cutting' celery variety of which the leaves are harvested instead of the stalks. Growing cutting celery is a great alternative to stem celery if you just want to add that delicious celery flavour without all the hassle of growing celery! Cutting celery is more closely related to wild celery, and has a stronger flavour. The leaves can be chopped and added to stocks, soups, and stews. As there is no need to wait for the plant to mature, the leaves can be harvested before traditional celery is ready. The plants are very hardy and will withstand a decent frost. If left in the ground over winter the plants will flower in spring producing many flowers which the bees will love! (Average seed count - 1350)

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CHIVES



COMMON CHIVES (ORGANIC)

(ZChS) **£2.25***Allium schoenoprasum*

Delicious and easy to grow, compact plants producing an abundance of edible stems and flowers. Without a doubt one of the most versatile herbs! Chives are so easy to grow and can be added to just about any dish. We put them in soups, salads, omelettes, stir fries, etc. The flowers are also delicious and make a very attractive addition to summer salads, with their mild onion flavour.

Chives are perennial which means once you have them established you'll never need to sow them again. They can be propagated equally easily by division or from seed. (Average seed count - 600)

CORIANDER



FILTRO (ORGANIC)

(ZCo) **£2.25***Coriandrum sativum*

A refreshing herb typically used in South Asian and South American cooking. This high-yielding variety is excellent for flavouring curries, stews, rice dishes, as a garnish for soup and in salsa. All parts of the soft, light stems and leaves can be used. The flowers grow in pretty umbels, and if left to seed, the small seed heads can be used fresh or dried in cooking for added flavour and texture. (Average seed count - 300)

DILL



DILL (ORGANIC)

(ZDi) **£1.95***Anethum graveolens*

A fine herb used fresh or dried for seasoning and pickling. Another beautiful ancient plant originating from the Mediterranean that used to be known for its medicinal properties and is mostly utilised for culinary purposes today.

The fine feathery leaves have a flavourful complex taste and can be chopped and added to sauces to go with fish or vegetables or just sprinkled on top of your meal to add colour and flavour. Traditionally also used for pickling; try using the flowers or seeds for that too. (Average seed count - 500)

PARSLEY



CURLY: MOSS CURLED (ORGANIC)

(ZPMC) **£2.15***Petroselinum crispum*

A vigorous dark green curled parsley that keeps its fresh appearance well. They say that in some places curled varieties prevail because you wouldn't have been able to mistake it for fool's parsley which is a poisonous weed. I think it is just personal preference!

Moss Curled is an early maturing variety that was introduced in the 1800s. Its leaves are finely curled like moss and can be used to flavour soups and salads, and many other dishes. (Average seed count - 600)



ITALIAN GIANT (ORGANIC)

(ZPIG) **£1.90***Petroselinum crispum*

A large flat-leaved parsley variety with excellent strong flavour - more pungent than curled types. Parsley is probably the most well-known herb in the world. It is native to the Mediterranean region and was first grown mostly for medicinal purposes. It seems to have become more commonly used in Northern Europe since the Middle Ages and is today's favourite for garnishing, in salads and for cooking.

This Italian variety grows an abundance of dark green leaves. It can be grown in pots as well as in the ground all year round. (Average seed count - 600)

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SORREL



FRENCH (ORGANIC)

(ZFS) **£2.25***Rumex scutatus*

A zesty perennial herb with bright green shield-shaped leaves and citrusy aroma. French sorrel, or buckler-leaved sorrel grows in clumps of 15cm high by 20cm wide and is easy to grow and pick. Developed in Italy and France in the Middle Ages, the tangy and slightly tart taste packs a punch. Use as a herb, salad leaf or leafy green. Perfect for adding an edge to rich and heavy meals. (Average seed count - 350)

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FLOWERS

ASTER



SINGLE MIX (ORGANIC)

(XAs) **£2.25**

Aster amellus

A beauty of the garden with radiant star-like colourful blooms. Not only gardeners but also insects love asters and so they are great for bringing in beneficial insects to the garden. We love this seed mix due to the variety of colours it produces. (Average seed count - 100)

BEE MIXTURE



(ORGANIC)

(XBM) **£2.95**

A colourful mixture of annual flowers adored by bees and other pollinating insects. The bees and other beneficial insects in your garden will love this mixture of flowering plants. The nectar will provide them with sugar they need for energy and the pollen contains protein and oils that bees collect to raise the brood. (Average seed count - 5g)

CALENDULA



ORANGE (ORGANIC)

(XCa) **£2.25**

Calendula officinalis

Also known as 'Pot Marigold' this is the classic variety of calendula, producing abundant large orange blooms over a very long season. We love calendula and would never go a season without it. It is really easy to grow and loved by humans and insects alike. There is something magical about finding bumblebees sleeping in calendula flowers early in the morning. The flowers are edible (hence the name 'Pot' Marigold) and make a great addition to salads. The petals have strong medicinal properties and can be taken as an infusion in hot water or turned into a powerful tincture. Calendula's medicinal actions include but are not limited to: anti-inflammatory, astringent, vulnerary, and anti-microbial. (Average seed count - 125)



TRIANGLE FLASHBACK / ZEOLIGHTS (ORGANIC)

(XCaz) **£2.55**

Calendula officinalis

A stunning version of the regular calendula with fully doubled blooms and of peach, gold and bronze petal colour. This calendula variety is a real pleasure-giving treasure. Pastel shades of orange, pink and peach colour tinged with yellow towards the petal base. The backs of the petals are maroon. A pure joy to look at. We were so excited to have found this strain of calendula, bred by Frank Morton from Wild Garden Seeds in Oregon, USA. The Flowers don't only look good in the garden or as cut flower, they are also edible and can be used for medicinal purposes. An abundance of beauty for your garden! (Average seed count - 100)

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CALIFORNIA POPPY



CALIFORNIA POPPY (ORGANIC)

(XPCa) **£2.70**

Eschscholzia californica

A bright yellow/orange single flower of the Papaveracea (Poppy) family. It's Latin name Eschscholzia Californica traces back to the physician Dr Johann Friedrich Eschscholz, who discovered and described the plant in 1815. It not only has its geographical origins but also became the state flower of California in 1890. It is quick to flower and will do so profusely for a long period of the summer until it sets seed. A real pleasure to have in the garden, especially in low-maintenance areas as it will just get on with doing its thing. (Average seed count - 150)

CORNFLOWER



BLUE (ORGANIC)

(XCF) **£2.25**

Centaurea cyanus

Bright shades of blue flowers attractive to bees and other pollinators, great as cut flower as well. A flower that makes every garden happy. Cornflowers produce masses of stunning blue shaded blooms and attract bees and other insects as well. They were once native to European corn fields, but have mostly disappeared from the landscape due to large scale use of herbicides. Today they mainly find homes in gardens and allotments - we grow them in amongst our vegetables. (Average seed count - 200)

COSMOS



COSMOS (ORGANIC)

(XCo) **£2.25**

Cosmos bipinnatus

A popular, low-maintenance annual flower with white, pink and lilac petals and a yellow centre. Single, daisy-like flowers in purple, pink or white that will bloom from early summer to autumn. Cosmos is easy to grow, great for bees, butterflies and hover-flies, and also makes a lovely cut flower.

We plant it in between our varieties as ornamental dividers. (Average seed count - 100)



ORANGE (ORGANIC)

(XCoO) **£2.25**

Cosmos sulphureus

Brilliant tones of orange flowers on tall stems with fine feathered leaves. This beautiful eye-catching orange flower will bring you joy from early summer until fall. It tolerates poor soils and dry conditions and attracts bees, butterflies and other insects.

We find Orange Cosmos easy to grow and it will self-seed if allowed to. (Average seed count - 50)

FRENCH MARIGOLD



ORANGE (ORGANIC)

(XFM) **£2.25**

Tagetes patula

Golden, orange and red flowers with fragrant foliage. Tagetes is a very rewarding plant. It is easy to grow and produces an abundance of stunning yellow to red coloured flowers. It also makes a great companion plant as the scent is not particularly liked by flies and other insects and the roots produce secretions that have insecticidal and nematocidal (against harmful nematodes) effects. It can also be planted in pots or containers and will embellish gardens and balconies. (Average seed count - 400)

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HELICRYSUM

New for 2020



STRAWFLOWER (ORGANIC)

(XHe) **£1.55**

Helicrysum bracteatum

A beautiful mix of white, pink orange and yellow flowers on plants 40cm tall. Strawflowers (also known as 'Everlasting flowers') are a beautiful addition to the garden. They are perfectly suited for drying, just cut the stem before they are fully open and hang in bunches upside down. They are also great as a fresh flower for use in bouquets. We love the bright colours in this mix, they remind us of colourful boiled sweets! (Average seed count - 200)

NASTURTIIUM



TRAILING (ORGANIC)

(XNas) **£2.25**

Tropaeolum majus

A colourful annual whose leaves and flowers are edible. Trailing mix of bright greenery and different shades of orange, yellow and red coloured flowers. Both leaves and flowers are edible, they taste peppery, hot, and sweet.

We love having nasturtium flowers dotted around our land. They attract the bees and just make a beautiful addition in summer salads. (Average seed count - 35)

NIGELLA



NIGELLA DAMASCENA (ORGANIC)

(XNi) **£2.25**

Nigella damascena

Pale blue, pink and white flowers on upright, bushy plants with feathery foliage. Nigella flowers or 'love-in-a-mist' are a popular and traditional cottage garden flower. The blue, pink and white solitary flowers appear to sit on a bed of 'misty' foliage, hence the common name. The plants get about 50cm high and the blossom is followed by a decorative, inflated seed capsule that also makes a nice addition to cut flower arrangements. (Average seed count - 200)

PHACELIA



PHACELIA (ORGANIC)

(XPh) **£2.25**

Phacelia tanacetifolia

Beautiful lavender-purple flowers adored by bees and other pollinating insects. Phacelia is extremely attractive to honeybees and other beneficial insects, it provides both pollen and nectar. It is a quick growing annual flower that germinates at low temperatures and has the potential to catch excess nitrogen as well. We love sowing it in between our crops and rejoice in the lovely flowers and insects that it attracts. (Average seed count - 1000)

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POPPY



FIELD POPPY (ORGANIC)

(XPo) **£1.95**

Papaver rhoeas

Cheerful red flowers announcing the summer, great for pollinating insects. The classic field poppies are a favourite in gardens and fields in almost every part of the world. Single, cup-shaped flowers with brilliant red petals resembling crepe paper, poppy blossoms never disappoint! Low maintenance and fast flowering, they re-seed easily and come back year after year.

Flowering from June through to September, they're great in a meadow or wildflower garden; anywhere you want a bright splash of colour that will attract bees and other pollinating flowers. (Average seed count - 1350)

SUNFLOWER



GIANT YELLOW (ORGANIC)

(XSun) **£2.25**

Helianthus annuus

A very large yellow variety of sunflower, producing impressive blooms up to 30cm in diameter. No surprises here! This is a sunflower that does exactly what it says on the tin. Tall and sturdy plants producing huge single yellow flowers. The flowers are much loved by bees and if you leave the plants over the winter they provide a valuable ecological role as winter bird food (the seeds) and a habitat for many insects (the stems). If you have heavy clay soil incorporating the remains of the plants into the soil in spring will lighten the soil due its high carbon content. We always grow loads sunflowers, dotted in among our other crops. They are really easy and bring such a bold shameless essence of flower to the garden. (Average seed count - 30)

VIOLA



VIOLA / WILD PANSY (ORGANIC)

(XVi) **£2.50**

Viola tricolor

An old-time favourite with small violet, yellow and white coloured pansy-like blooms.. Viola tricolour, wild pansy or heartsease, as they're also called, are small plants flowering throughout the season from April to September; they're hardy, frost tolerant and self-seed easily. It is a delightful perennial that grows well in shady areas, beds, containers, rock gardens, edges, even walls and makes a beautiful cut flower.

It's not just a charming beauty for looks, it is also edible, making the most beautiful garnish or addition to salads with medicinal properties. (Average seed count - 500)

ZINNIA



DWARF MIX PINK (ORGANIC)

(XZiD) **£1.55**

Zinnia elegans

A staple flower for the garden, bright coloured blooms on straight stalks. This dwarf mix of Zinnias grow to around 30cm tall. They produce blooms of varying shades of pink, adored by bees and butterflies. We love to plant zinnias in among our vegetable crops. The dwarf varieties take up less space but are equally beautiful. (Average seed count - 100)

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